



## Behavioral Health

12/4/15

### **SAMHSA Disaster Distress Helpline**

The SAMHSA Disaster Distress Helpline is available to help and support for ANY distress that you or someone you care about may be feeling related to ANY disaster, including violence. Call 1-800-985-5990 or text TalkWithUs to 66746. Available 24/7. Spanish speakers text Hablanos to 66746.